

**Wheeling Jesuit University**  
**Athletic Training Program Physical Form**

**All Forms Must Be Completed and Returned before your clinical rotation site begins in the fall.**

**PLEASE PRINT CLEARLY**

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle) \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_  
Date of Birth: (mo) \_\_\_\_\_ (day) \_\_\_\_\_ (yr) \_\_\_\_\_ Email you check regularly: \_\_\_\_\_  
(Street Address) \_\_\_\_\_ (City) \_\_\_\_\_  
(State or Country) \_\_\_\_\_ (Zip) \_\_\_\_\_ Home Telephone: [\_\_\_\_\_] \_\_\_\_\_  
Please check: commuter \_\_\_ campus resident \_\_\_ Student Cell: [\_\_\_\_\_] \_\_\_\_\_  
Year entering \_\_\_\_\_ Please check: Entering Fall Semester \_\_\_ Entering Spring Semester \_\_\_

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**PLEASE PRINT CLEARLY**

Emergency Contact Person: \_\_\_\_\_ Relationship: \_\_\_\_\_  
(Street) \_\_\_\_\_ (City) \_\_\_\_\_ (State/Country) \_\_\_\_\_ (Zip) \_\_\_\_\_  
Home Telephone: [\_\_\_\_\_] \_\_\_\_\_ Alternative Telephone Number: [\_\_\_\_\_] \_\_\_\_\_  
Emergency contact email: \_\_\_\_\_  
Name of Family Physician/Health Care Provider: \_\_\_\_\_ Telephone: [\_\_\_\_\_] \_\_\_\_\_  
(Street) \_\_\_\_\_ (City) \_\_\_\_\_ (State/Country) \_\_\_\_\_ (Zip) \_\_\_\_\_

**ALL ATEP STUDENTS MUST PROVIDE PROOF OF HAVING MEDICAL INSURANCE COVERAGE.**

This requirement is to ensure that all students will have access to medical care if needed. Your medical insurance information will be kept confidential and on file for scheduling medical referrals to outside physicians, outpatient treatment, emergencies, and/or participation in University athletics.

Insurance company/provider: \_\_\_\_\_ Policy No. \_\_\_\_\_ Group No. (if applicable) \_\_\_\_\_

**YOU MUST ALSO PROVIDE A FRONT/BACK COPY OF YOUR INSURANCE CARD WITH THIS FORM.**

**STUDENT SIGNATURE REQUIRED IF AGE 18 OR OVER.**

I hereby authorize the WJU Student Wellness Center to render services deemed necessary for my health and well-being. I grant permission for my transfer to an accredited hospital or other care facility if deemed necessary by the Dean of Student Development or his/her designee. I agree to be responsible for any expense in connection with the aforesaid, if my insurance does not provide payment of the same. I grant permission for the hospital or other care facility to provide information concerning my treatment by their facility to the Wheeling Jesuit University Student Wellness Center for continuity of care.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PARENT/GUARDIAN SIGNATURE REQUIRED IF STUDENT IS UNDER THE AGE OF 18.**

I hereby authorize the WJU Student Wellness Center to render services deemed necessary for my student's health and well-being. I grant permission for my student's transfer to an accredited hospital or other care facility if deemed necessary by the Dean of Student Development or his/her designee. I agree to be responsible for any expense in connection with the aforesaid, if my student's insurance does not provide payment of the same. I grant permission for the hospital or other care facility to provide information concerning my student's treatment by their facility to the Wheeling Jesuit University Student Wellness Center for continuity of care.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## PERSONAL HEALTH HISTORY TO BE FILLED OUT BY AT STUDENT

This information will be used only as an aid in the consideration of your health needs and will remain confidential among the appropriate healthcare professionals. PLEASE USE ADDITIONAL SHEETS OF PAPER IF NECESSARY.

- Are you presently under any medical treatment? Yes  No   
If yes, explain: \_\_\_\_\_
- Are you taking any medications at present (prescription, nonprescription, inhaler)? Yes  No   
If yes, explain: \_\_\_\_\_
- Are you now receiving or have you ever received professional help for emotional or psychological problems? Yes  No   
If yes, when: \_\_\_\_\_
- Do you have a physical impairment such as paralysis, loss of vision, hearing, etc.? Yes  No   
If yes, explain: \_\_\_\_\_
- Do you have any sensitivity to food, medicine, or environmental contact? Yes  No   
If yes, explain: \_\_\_\_\_
- Have you ever had a head injury or concussion? Yes  No   
If yes, explain and give dates: \_\_\_\_\_
- Has a physician ever denied or restricted your participation in sports for any health problems? Yes  No   
If yes, explain: \_\_\_\_\_

Have you ever had, or do you currently have:

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Chicken Pox  | <input type="checkbox"/> Nervous Tendencies | <input type="checkbox"/> Rheumatic Fever                                    | <input type="checkbox"/> Heat Related Illness        |
| <input type="checkbox"/> Heart Disease  | <input type="checkbox"/> Mononucleosis      | <input type="checkbox"/> Tuberculosis                                       | <input type="checkbox"/> Asthma, Hay Fever, or Hives |
| <input type="checkbox"/> Hepatitis  | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Convulsions or "black outs"                        | <input type="checkbox"/> Eating Disorders            |
| <input type="checkbox"/> Seizures   | <input type="checkbox"/> Heart Murmur       | <input type="checkbox"/> Pregnancies - Date of last menstrual period: _____ |  |
| <input type="checkbox"/> Loss of function of a "paired organ" (eye, ear, testicle, ovary, kidney) |   |   |  |
| <input type="checkbox"/> NONE OF THE ABOVE  |   |   |  |

If you checked any of the above, please provide further information: \_\_\_\_\_

Dates of significant injuries or operations or medical admissions to hospitals:  NONE \_\_\_\_\_

Personal Habits (please indicate use of any of the following):

- Smoking tobacco     Smokeless Tobacco     Alcohol     Dietary Supplements     Dental appliances     NONE

### ALLERGIES/REACTIONS:

Latex: \_\_\_\_\_ Food: \_\_\_\_\_

Dyes: \_\_\_\_\_ Medication: \_\_\_\_\_

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I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. I also state that a licensed Physician or Nurse Practitioner completed my Physical Form.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

(If under the age of 18)

**A PHYSICIAN MUST COMPLETE, SIGN, AND DATE THIS FORM.**

**PLEASE PRINT**

**STUDENT NAME:** \_\_\_\_\_  
Last First Middle Initial

**Family history:**

Among your immediate relatives (parents, siblings and grandparents), is there any history of, or present illness from, any of the following:

- Cancer                       Diabetes                       Asthma, Hay Fever, or other Allergies  
 Heart Disease               Marfan's Disease               Sudden death under age 50 from non-trauma cause

Please explain any of the marked replies: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Pulse: \_\_\_\_\_

**LIST MEDICATIONS:** \_\_\_\_\_

**General Exam**

Normal	Abnormal	Notes of Abnormality
_____ Skin	_____	
_____ Hearing	_____	
_____ Head	_____	
_____ Ear, Nose, & Throat	_____	
_____ Neck: Thyroid	_____	
_____ Cardiovascular	_____	
_____ Lungs	_____	
_____ Breasts	_____	
_____ Abdomen	_____	
_____ Genitalia	_____	
_____ Menstruation	_____	
_____ Back & Extremities	_____	
_____ Reflexes	_____	

**Orthopedic Exam**

Normal	Abnormal	Notes of Abnormality
_____ Cervical Spine	_____	
_____ Thoracic Spine	_____	
_____ Lumbar Spine	_____	
_____ Shoulders	_____	
_____ Elbows	_____	
_____ Wrists, Hands, Fingers	_____	
_____ Hips/Pelvis	_____	
_____ Knee	_____	
_____ Ankles, Feet, Toes	_____	
_____ General Flexibility	_____	

**Comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check only ONE of the boxes below:

- I certify that I have examined the student and have found ***no obvious condition(s)*** that would prevent him/her from meeting the criteria listed in the physical portion of the Technical Standards for Admission to the ATP program at Wheeling Jesuit University.
- I certify that I have examined the student and have found ***an obvious condition(s)*** that would prevent him/her from meeting the criteria listed in the physical portion of the Technical Standards for Admission to the ATP program at Wheeling Jesuit University. I recommend that the student contact notify the Program Director and work with the University's Disability Services to discuss accommodation options.

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Wheeling Jesuit University Department of Athletic Training Immunization Records

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**TO BE COMPLETED AND SIGNED BY YOUR HEALTH CARE PROVIDER OR ATTACH COPIES OF OFFICIAL IMMUNIZATION CAN BE PROVIDED INSTEAD**

*All information must be in English*

## REQUIRED (Mandatory) Immunization for University Students

Vaccine                      Enter date each immunization was given

Measles (Month, Day, Year)	#1	#2	Documentation of two doses at least 28 days apart after 12 months of age.
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Tdap (Tetanus, Diphtheria, Acellular Pertussis) (Month, Day, Year)	#1	One dose since 2005 regardless of interval since last Td (Tetanus, Diphtheria) then Td booster every 10 years
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Hepatitis B (Month, Day, Year)	#1	#2	#3
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Hepatitis B is a serious infection that affects the liver and is easily spread through contact with blood and body fluids. A 3 dose series of vaccination can provide long term protection against hepatitis B and its potential acute and chronic consequences. More information about hepatitis B can be obtained at [www.cdc.gov](http://www.cdc.gov)

## RECOMMENDED (Optional) Immunization for University Students

Meningococcal (Quadrivalent polysaccharide vaccine)	#1
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Meningococcal disease is a serious bacterial infection that affects the brain and spinal cord. Neisseria meningitidis bacteria are spread through the exchange of respiratory and throat secretions. College freshmen, especially those living in residence halls, are at an increased risk of meningococcal disease relative to other people their age. The Advisory Committee on Immunization Practices (ACIP) suggests that college age students receive the vaccine less than 5 years before starting college. More information about meningococcal can be obtained at [www.cdc.gov](http://www.cdc.gov).

I, (print name) \_\_\_\_\_ have been informed and understand the risks of declining the meningococcal vaccine. I hereby release Wheeling Jesuit University, its officers, trustees, and employees from any and all liability that may arise directly or indirectly as a result of my choice not to receive the meningococcal vaccine.

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### To the Health Professional

Please review the requirements, administer the needed immunizations, and sign below to validate.

Signed \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_\_

**Wheeling Jesuit University**  
**Department of Athletic Training**  
**Technical Standards for Admission**

The Athletic Training Program at Wheeling Jesuit University is a rigorous and intense academic program that places specific requirements and demands on the students enrolled in the program. The objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of people engaged in physical activity. The technical standards set forth by the ATP establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accreditation agency (Commission on Accreditation of Athletic Training Education [CAATE]) These technical standards are the basic physical, cognitive, and psychosocial skills and abilities that are required for all students who choose to major in Athletic Training at Wheeling Jesuit University. Should a student not be able to fulfill the requirements of the Technical Standards with or without reasonable accommodations, the student will be prohibited admission into the ATP program. In addition, compliance with the ATP's technical standards does not necessarily guarantee a student's eligibility for the Board of Certification exam.

The following standards must be demonstrated by the Wheeling Jesuit University ATP student:

1. The mental capacity to assimilate, analyze, synthesize, and integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with professional practice.
4. The ability to record the physical examination results and a treatment plans clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training program outlined and developed at Wheeling Jesuit University.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and effective quality patient care.

Should a student request the need for accommodations in order to meet the technical standards, the Program Director will be notified, and, in conjunction with the University's Disability Services, a review of the request will commence. Determinations for specific accommodations will be implemented on a case by case basis. The University reserves the right to deny, or refuse accommodations that are deemed unreasonable. No accommodations will be made if clinician/patient safety, the educational integrity of the program (including coursework, educational process of the student, internships and clinical sites), or the University could be jeopardized. Each student must meet the technical standards for all courses, throughout enrollment in the program.

Student Statement: Check **only one** box

I confirm that I have read and understand the technical standards listed above and to the best of my knowledge believe I am able to meet each of these standards ***without accommodation***. I also understand that should I become unable to meet these standards with or without accommodation, I will not be able to enroll or remain in the program.

**(OR)**

I confirm that I have read and understand the technical standards listed above and to the best of my knowledge believe I am able to meet each of these standards ***with accommodations***. I will contact the Program Director and the University's Disability Services to have the need for accommodation evaluated. I understand in some cases accommodation might not be possible, and the University reserves the right to deny any requests deemed unreasonable. I also understand that should I become unable to meet these standards with or without accommodation, I will not be able to enroll or remain in the program.

Student Signature\_\_\_\_\_

Date\_\_\_\_\_